



# PLAYWISE TRAINING BROCHURE: COURSES & WORKSHOPS

FOR ALL PARENTS/ PROFESSIONALS  
LIVING & WORKING WITHIN  
SUTTON AND SURROUNDING  
BOROUGHS

**PlayWise Learning CIC;  
For Unique Children**

Reducing the impact of disability on  
family life, living and learning

# WHAT DOES PLAYWISE LEARNING CIC DO?

PlayWise is a not-for-profit organisation based in the London Borough of Sutton, working with children aged 0-8 years and their families on their journey into the world of SEND (Special Educational Needs and Disability).

We know that life with a disabled child is very rewarding but at times, also challenging and for some even overwhelming and that life's pressures can at times seem insurmountable.

We provide a highly experienced and knowledgeable team of professionals who have expertise in child development and SEND. They work holistically with children and their families on all areas of development and well-being. We work in partnership with parents/ carers to improve children's independence and build family resilience whilst enhancing social integration through the provision of groups and safe spaces where everyone is welcome.

We offer a variety of services delivered in a range of different ways, including groups, hands on teaching in the home, support in the community or in the PlayWise hub or through education services in nurseries and schools. By providing quality holistic services we help families to improve levels of parental confidence, increase levels of independence, reduce isolation, maximise learning potential and ultimately improve outcomes for children and families.

**96% Parents report that PlayWise has a positive impact on family life and parenting**

**99% Parents report that PlayWise makes a significant difference to improve outcomes for children and families with additional needs and difficulties**

**97% Parents report that PlayWise improves parental confidence and helps families to understand their child's needs**



**99% of parents would recommend PlayWise to other parents/ families**

# PLAYWISE TRAINING SERVICES

Our Founder and CEO, Pam Fry, MBE has developed a comprehensive training suite to deliver to a range of professionals, agencies and parents/ carers.

It includes full & half day workshops developed in partnership with the receiving organisation or team and courses for parents and carers. The impact of PlayWise training means that parents and professionals gain knowledge, skills and understanding and report feeling more confident in their practice and/ or caring role. This, in turn, leads to enhanced team work and practice and improved standards of learning for SEND children.



**PAM FRY, MBE**



*"You spoke last week on one of our training days about support for parents with disabled children. I am a parent of a child with Autism and I just wanted to say a huge thank you. It was a pleasure to hear you talking last week and so great that you are sharing the stories of parents to hospital staff so they understand how challenging being a parent of a child with additional needs is. Everything you said described my family life, I found it quite emotional listening to it. It's wonderful to know that we can access your support and guidance when we need it"*

**PAEDIATRIC NURSE AT ST HELIER CHILDREN'S HOSPITAL**

*"Brilliant Training!. This was the best training day I have attended in a long time. I have taken a lot of really useful and practical strategies from this course that I can use every day at nursery that will support my staff, the children we work with and will help me to develop my practice in the long term. I feel more confident in supporting children with communication difficulties and challenging behaviours now"*

**NURSERY MANAGER, SURREY**

*"I've learned so much today. The training was fun and so insightful. I love the way it was designed around our setting and the children we are working with. It makes such a difference. It made it so meaningful and the most enjoyable training I have attended on a Saturday in years!"*

**EARLY YEARS PRACTITIONER, NURSERY, CHEAM**

*"The behaviour workshop has completely changed our family for the better. We now have a better understanding of the what and the why of our son's behaviours and are able to stay calm when he becomes distressed, support him when he's feeling overwhelmed and the volume of behaviours at home and school have reduced significantly which is incredible..*

*Thank you so much"*

**PARENT OF AUTISTIC 6 YEAR OLD**



# IN PERSON TRAINING (PLAYWISE HUB)



We are offering a range of PlayWise Workshops & Courses for parents/ carers and professionals (max group size: 15)

## WORKSHOPS FOR PARENTS & PROFESSIONALS

(Duration: Min 2 hours - Max 3 hours)

1. Identifying, Managing & Supporting The Causes Of Difficult Behaviours In Children With SEND.
2. Let Us Play Too!
3. A Snapshot Of Autism
4. Understanding The Sensory World Around us
5. The Importance Of Visual Communication Strategies
6. Intensive Interaction - A Wonderful Teaching Tool
7. Understanding Speech & Language Development
8. Sleep!!! What's That?
9. The ABC's Of Toilet Training Children With Additional Needs/ Disability

## COURSES

- SignAlong- Phase 1 (Certified) (Duration: 6 weeks/ 15 hours)
- EarlyBird (Duration: 10 weeks/ 25 hours) - Parents/ carers only
- Parenting In Partnership (Duration: 6 weeks/ 6 hours)

## WORKSHOPS FOR PROFESSIONALS ONLY

(Duration: Min 2 hours - Max 3 hours)

- Understanding SEND (Special Educational Needs & Disability)
- Supporting families with Disabled children In The Community

## COURSES FOR PROFESSIONALS ONLY

- National Portage Association Workshop (Certified) (Duration: 2.5 days)



# IDENTIFYING, MANAGING AND SUPPORTING THE CAUSES OF DIFFICULT BEHAVIOURS IN CHILDREN WITH SEND

This workshop helps parents/ carers and practitioners to understand certain behaviours, establish why/ how patterns of behaviours occur and identify communication and other support strategies to reduce the behaviours where appropriate.

## This workshop will cover the following:

- Understanding Behaviour: A look at the cause & function of certain behaviours
- Analysing behaviours in the home and learning setting
- Understanding the impact of SEND on behaviour
- Looking at differences in behaviours seen in EY settings/ home
- Using data to look at triggers, causes, communication
- Applying the What - Why - How Principles

## Developing effective strategies:

- Using functional analysis to develop and implement effective and realistic strategies to reduce/eliminate behaviours
- Understanding the adult's response to behaviour and the impact it has

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PLAYWISE LEARNING CIC  
FOR UNIQUE CHILDREN

# LET US PLAY TOO!



Supporting educational providers to develop inclusive practice on an everyday basis. The aim for this workshop is to:

- Understand the importance of Play
- Learn about the six stages of social play
- Understand how play supports all other areas of learning and development.
- Develop strategies on how to incorporate Speech, Language, communication and Sensory strategies into every day learning opportunities.
- Incorporate specialist strategies into every day practice to further support child development

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# A SNAPSHOT OF AUTISM

Autism is a lifelong developmental disability that affects how people perceive the world and interact with others. All autistic people share common challenges but each individual is affected in different ways and to different degrees.

The aim of this workshop is to;

- Understand some of the characteristics that may be present in individuals with autism
- Learn how individuals with autism process sensory information
- Learn how to adapt day to day practice and care
- Understand how to manage the common challenges in education, play, social settings and the home environment

For more information, email us at [info@playwise.org.uk](mailto:info@playwise.org.uk)



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# UNDERSTANDING THE SENSORY WORLD AROUND US

We live in a sensory world. This workshop explores our sensory profile and explains the sensory world we live in. The aim for this workshop is to;

- Have a basic understanding of the key sensory systems and sensory processes.
- Have a basic awareness of how to implement strategies throughout the day to support children with sensory needs.
- Have more confidence to unpick and identify behaviours from sensory seeking/ avoiding and understanding the function.
- Learn how to support a child with sensory challenges in a nursery/ learning environment/ home environment when they are having difficulties with processing sensory information.



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# THE IMPORTANCE OF VISUALS

When we talk, the words we say disappear instantly! Visual supports last for a much longer time. Visual strategies are an essential tool to assist speech, language and communication development as well as reduce anxiety and resistance to change. They support children to regulate behaviour, boost motivation and understanding and serve as a tool to manage with transitions - why would you not use them!



The aim for this workshop is to;

- Understand why and how visuals support communication and the role they play in language development.
- Assist you to implement a visual communication system at home or in your setting
- Raise awareness on the different types of visuals supports and when and how to use them
- Unpick difficulties with visuals and problem solve common issues when implementing visuals with a SEND child.

For more information, email us at **info@playwise.org.uk**

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# INTENSIVE INTERACTION - A WONDERFUL TEACHING TOOL



Intensive Interaction is an approach to helping children and adults who are in the early stages of developing communication and social skills. This session will cover:

- The fundamentals of communication
- Self confirming behaviours
- Understanding the Intensive Interaction Approach
- The function of Intensive Interaction
- How to use it within your practice
- Understanding the importance of Observation & Speculation

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# SIGNALONG WORKSHOP PHASE 1

Signalong provides training and resources to assist those with communication difficulties.

The course will support the learning of hand shape, orientation, movement and placement and involves learning signs specific to your child/setting. The aim of this workshop is to;

- Understand some of the early development of speech, language, social interaction and communication.
- Understand how Signalong supports children and adults with speech, language and communication needs.
- Teach a range of signs from Phase 1 vocabulary
- Use signing skills and signs to interact and communicate with others.

For more information, email us at [info@playwise.org.uk](mailto:info@playwise.org.uk)



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# UNDERSTANDING SPEECH AND LANGUAGE DEVELOPMENT



This training is to help develop understanding of typical speech and language, tips and strategies to support a child's communication and what to do when a child is not following the typical pathway. The aim of this workshop is to;

- Understand typical speech & language development
- Identify when there are difficulties
- Understand the onset of social communication difficulties
- Develop strategies to create a supportive learning environment

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# SLEEP!!! WHAT'S THAT?

Sleep is an essential part of everyone's daily routine and strongly related to quality of life, learning, health and emotional well-being. Sleep, like diet and exercise, helps us to grow, recover from the wear and tear of daily life and build immunity. However up to 80% of children with developmental disabilities have disturbed sleep that affects their development, day time behaviour, learning and health.

This workshop is to help develop an understanding of the following:

- Why is it essential to get good sleep (and what happens if we don't),
- Why children with developmental disabilities have particular sleep challenges.
- What is good sleep hygiene and how to set up an effective sleep routine
- Managing sensory and difficult behaviour issues at bedtime
- Developing a range of tips and strategies to support a SEND child's sleep



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# THE ABC'S OF TOILET TRAINING CHILDREN WITH ADDITIONAL NEEDS/ DISABILITY

This is a unique opportunity for parents/carers and practitioners to attend a specialist workshop on supporting a child with additional needs/difficulties (aged 2 – 8 years) with toilet training.

This workshop will provide you with;

- an understanding of the psychological and physiological basis of toileting
- tips and strategies to use with your child
- give you the preparation and confidence to be successful at toilet training your child.



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# EARLYBIRD

## PARENT SUPPORT PROGRAMME

(IN ASSOCIATION WITH THE NATIONAL AUTISTIC SOCIETY)

EarlyBird is a brilliant 10 week programme of support for parents and carers whose child has a diagnosis of autism (or presenting with traits of autism/ social communication).

The programme offers a wide range of advice and guidance on strategies and approaches for supporting young autistic children aged 2-5 years.

EarlyBird is a great place to meet other parents in the same boat as you!

EarlyBird works through a range of 8 group based workshops and 2 home visits including:

- Understanding the concept of autism
- Building confidence to encourage interaction
- Developing play skills
- Supporting self help skills
- Understanding your child's sensory needs
- Communication and understanding
- Supporting behaviour



Call 0208 770 4812/ email [info@playwise.org.uk](mailto:info@playwise.org.uk) to find out  
when the next workshop/ course is running!

# PARENTING IN PARTNERSHIP

This is a workshop for parents and carers of children with delayed developmental milestones and social communication challenges. Its a great opportunity to meet other parents with children who are developmentally delayed to build a support network and find local advice and guidance



The aim of this workshop is to help parents and carers;

- Develop strategies to support their child's Speech, Language & Communication
- Develop an understanding of Attention & Listening Skills -in children
- Understand Sensory Processing difficulties
- Identify & manage difficult behaviours
- Help to understand why their child has difficulties with Sleep
- Find out more about the support in the local area

Call 0208 770 4812/ email [info@playwise.org.uk](mailto:info@playwise.org.uk) to find out when the next workshop/ course is running!



# UNDERSTANDING SEND: (SPECIAL EDUCATIONAL NEEDS & DISABILITY)

For professionals only

Children and young people with Special Educational Needs and Disability experience difficulties and barriers to learning. They may require support 'different from and additional to' that which is available to other pupils.



The aim of this workshop is to help;

- Identify the Disabilities/ Special Needs that you are managing in the setting (Cerebral Palsy, Down's Syndrome, Autism or Profound & Multiple Learning Difficulties and more).
- Understand the impact of a disability from the perspective of the child, the practitioner and the setting.
- Develop strategies to address the environment and support the child.
- Help to identify and support a child with Speech, Language & Communication Needs.
- Seek specific information about a child's development/ home life from parents/ carers.

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# SUPPORTING SEND FAMILIES IN THE COMMUNITY

For professionals only

This course covers a range of topics to provide a snapshot into what a parent might experience when having a child with a disability including, the number of appointments a parent/ child has, the number of professionals a child might have to see, the impact of receiving a diagnosis (including the stages of grief) and the impact on the wider family, stressors involved in raising a disabled child and how professionals can help.

The aim of the workshop

- To raise awareness to professionals and provide an insight into what the parents lived experiences are of having a child with a disability
- To understand how challenging medical appointments & hospital visits are and what it means to receive a diagnosis as well as what you can do to help
- How professionals can use local service to support families



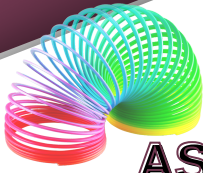
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# NATIONAL PORTAGE ASSOCIATION WORKSHOP

This workshop is suitable for anyone interested in finding out more about the Portage model and how to support children's development and learning and could include Early Years Practitioners, Teachers, therapists, and parents. The course is delivered by National Portage Association Accredited Trainers.

This 2.5 day workshop is practical and hands on and aims to give participants:

- An understanding of Portage Principles and the Portage model of support
- How to support children's learning, using the Portage approach
- The theory of Portage Practice
- The ability to apply Portage skills and implement Portage principles in settings, schools and at home

## Participants will cover:

- The Portage partnership model of working with parents and other professionals
- The Portage principles and how they can be applied in the home and in settings with young children who have additional needs
- Strategies, materials and resources used by Portage that can be used in the home and early years settings
- The importance of using clear language and how to plan successful outcomes and set long term aims.
- How to use a small steps approach in teaching children new skills through play
- Approaches to help children generalise skills
- Basic appropriate responses and approaches to address behaviour



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# IN-HOUSE TRAINING

Do you need In-House training delivered by experienced trainers with many years of experience in their field?



“This was the best training I have attended in a long time. Attending a course with my whole team was the best learning we could have had as a school. The course was perfect and we had fun in the process. I have so many strategies I can try next week”



In-house training provides the opportunity to: Train a group of staff together, at a time to suit your team with bespoke content and is a more cost effective option. All staff receive a certificate.

We are highly competitive and offer great value for your money. We believe that our in-house training courses are currently the most competitive on the market!

If there is a particular training course that you would like but you don't see it on our website/ in our training brochure please feel free to enquire and we will try to tailor a bespoke course/ workshop to suit your organisation.

All training is delivered in person



**“The more that you read, the more things you will know.**

**The more that you learn, the more places you'll go”**

Dr. Seuss, I Can Read With My Eyes Shut!

Call 0208 770 4812/ email [info@playwise.org.uk](mailto:info@playwise.org.uk) to discuss your training requirements!

# TRAINING PRICE LIST - COURSES/ WORKSHOPS

Course Name	Duration	Certificate of attendance Provided	Suitable for Parents/ Carers?	Suitable for Professionals ?	Cost per person for workshop (Delivered in PlayWise Hub with min 10/ max 15 participants)	In-house cost for max 15 participants	Notes
<b>Workshops:</b>							
Identifying, Managing & Supporting the causes of difficult behaviour	3 hrs	✓	✓	✓	45.00	600.00	
Let Us Play Too!	3 hrs	✓	✓	✓	45.00	600.00	
A Snapshot of Autism	3 hrs	✓	✓	✓	45.00	600.00	
Understanding the Sensory World	3 hrs	✓	✓	✓	45.00	600.00	
Importance of Visuals	3 hrs	✓	✓	✓	45.00	600.00	
Intensive Interaction	3hrs	✓	✓	✓	45.00	600.00	
Understanding Language & Communication Dev	3 hrs	✓	✓	✓	45.00	600.00	
Sleep - 'What's that'?	3 hrs	✓	✓	✓	45.00	600.00	
Toilet Training	2 hrs	✓	✓	✓	32.00	N/A	Minimum 6 participants
Signalong - Phase 1 Workshop	6 hrs	✓	✓	✓	86.00	1140.00	Full day
<b>Courses:</b>							
Signalong - Phase 6 week course - Certified	6 weeks/ 15 hours	✓*	✓	✓	250.00	3195.00	Max 15 participants - includes manual & certificate
EarlyBird	10 wks/ 25 hours	✓*	✓	N/A	N/A	3872.00	Max 8 participants- includes manual & certificate
Parenting in Partnership	6 wks/ 12 hrs	✓	✓	N/A	N/A	1700.00	Max 8 participants
<b>Workshops for Professionals Only:</b>							
Understanding SEND/ different conditions	3 hrs	✓	N/A	✓	50.00	600.00	
Supporting Families in the community	2 hrs	✓	N/A	✓	50.00	525.00	
<b>Courses for Professionals Only:</b>							
NPA Workshop	2.5 days	✓*	N/A	✓	£255	N/A	Minimum 12 participants

## NB:

- ✓\*Certificate provided through National Organisation
- Additional costs apply for travel for in-house training
- Please feel free to contact us to discuss your specific requirements/ needs



## **\*TERMS AND CONDITIONS FOR BOOKING OF TRAINING COURSES/ WORKSHOPS:**



By completing the booking form you are agreeing to our terms and conditions. You are agreeing to pay the course/ workshop fee, as described on the booking form, and are also confirming that you have the authority to request that an invoice be sent to the address given on the booking form. If a purchase order number is required it is the bookers responsibility to obtain this and add it to the booking form.

On receipt of a course booking from a school, or local authority organisation an invoice will be raised. The invoice is due for payment before the course date except when the booking is made less than 14 days before the course date. For bookings made less than 14 days before the date of the course, payment should be made no later than 14 days after the course.

For bookings from private organisations/ individuals (unless they already have an established account with PlayWise Learning CIC), a link for online payment will be sent and payment will be required in advance. Once payment has been received, their booking will be confirmed and attendance approved on the course/ workshop.

Payment for attendance at a workshop/ course should be made within 14 days of receiving an invoice, which will be raised on receipt of booking. If the event is less than 14 days away, then payment must be made immediately on invoice.

The only exception to this is by prior arrangement, where we would require an official purchase order to confirm the place. Purchase orders may be accepted in lieu of payment, at time of booking, at PlayWise Learning CIC's sole discretion.

There are circumstances where an event has to be cancelled or a date changed. We will endeavour to notify booked delegates of any cancellations or changes at the earliest opportunity. There may be some circumstances, however, where it is only possible to offer shorter notice of cancellation (e.g. trainer illness or emergency) Where a course has been cancelled or postponed we will offer delegates alternative dates. If the delegate is unable to attend any of the alternative dates, a full refund will be given.

PlayWise Learning CIC shall not accept liability for any consequential loss and shall have no liability to reimburse any other costs that might be incurred staff cover.

If a booked delegate wishes to cancel their attendance at an event, the rebates below will apply. If the delegate has yet to pay the fee, this will still remain due to PlayWise Learning CIC, less the rebate figure stated below. Cancellation should be made in writing via email to : [info@playwise.org.uk](mailto:info@playwise.org.uk)  
Calendar Days Prior to Event Rebate Rate - 30 days or more 100% - 15-29 days 50% - 0-14 days 0%  
Substitution of delegates can be made at any time free of charge.

Where a delegate wishes to transfer from one course to another, every effort will be made to do this without incurring additional costs. However, if the transfer takes place less than a calendar month before the date of the originally booked course an extra charge may be unavoidable.

If a delegate does not attend an event, regardless of the circumstances, and they have not previously informed us, in line with the cancellation terms above, then the full fee remains payable.

PlayWise Learning CIC aims to ensure that its events are accessible to all. If you have any issues we need to be aware of please advise us at the earliest possible time and we will endeavour to make arrangements to accommodate your needs.





## CONTACT US



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@playwiselearning



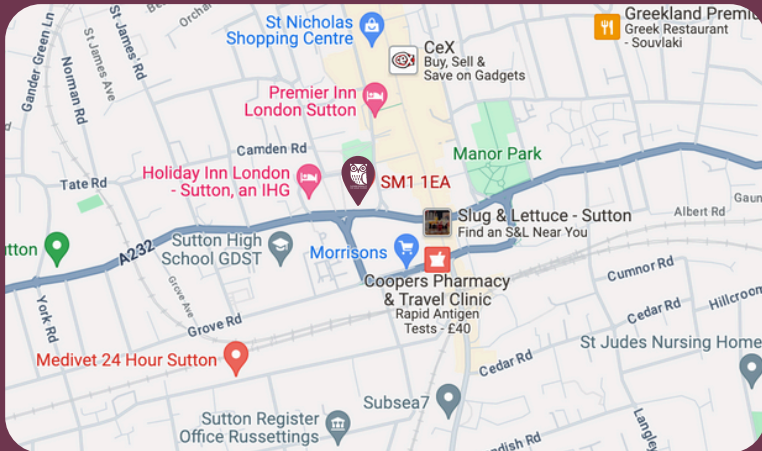
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